

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sikhumbuco Seme

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 00:33:42

PACE 03:21/km

OVERALL 5 of 287

GENDER 5 of 157

SENIOR (20- 5 of 65

39)

04 December 2016, Sun

Date

BoutTime

Signature